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Tehran, Iran

EDUCATION

Master of Psychology

Azad University –West Tehran Branch, Tehran, Iran

Thesis Title: The effectiveness of teaching self-management and problem solving using the coaching method on the executive functions (planning and problem solving) of adults with ADHD

GPA: 19/40 (Out of 20)

? SKILLS & ASSESSMENT SCALES

- Adult ADHD Coaching
- Stanford –Binet (SB-5)
- Executive functions of Dr. Nejati Safa
- CAARS
- AQ

- CBT
- DIVA-5
- RITVO
- BDEFS FOR ADULTS
- SCID-5

WORK EXPERIENCE

- •RAD Psychiatric Subspecialty Clinic, Tehran, Iran
- □ Diagnostic assessment, Psychotherapy
- Roozbeh Psychiatry Hospital, Tehran, Iran
- □ Diagnostic assessment, Psychotherapy, Research, Training
- 2017–2019 Academic Counselor
- Mobtakeran Educational Cultural Publishing Company, Tehran, Iran
- □ Counseling, educational content production

E CERTIFICATES

Introductory course of coaching in attention deficit hyperactivity disorder	Coaching supervision course for hyperactivity and attention deficit
Institute: Iranian Association of ADHD	Institute: Iranian Association of ADHD
CBT cognitive behavioral therapy (general and specialized)	Cognitive interventions and behavioral management in attention deficit hyperactivity disorder
Cognitive behavioral therapy CBT supervision	
A two-day conference on the treatment of attention deficit and hyperactivity disorder, coaching	Performing and scoring psychological tests in the treatment room (MCMI3, MMPI)

ENNEAGRAM INTERMEDIATE Institute: IEA, United States

PROJECTS

Cooperation in the project Preventive Intervention in Grief of COVID-19 Patients` Family.

Supervisor: Dr. Valentin Artounian https://rpis.research.ac.ir/Researcher.php?id=706159