# Samira Jamaloo

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### **PROFESSIONAL SUMMARY**

Samira Jamaloo is a research assistant affiliated with the Tehran University of Medical Sciences (TUMS). She obtained her Master's degree in Clinical Psychology at Alzahra University in 2017, joined Dr. Alaghband-Rad's lab at Roozbeh Psychiatric Hospital, and collaborated on various clinical works and research plans, mainly in the field of ADHD and ASD. She has also been instrumental in establishing the Adult Developmental Disorders Clinic at the hospital.

#### EDUCATION

- Sep.2014–Feb.2017 Master Degree in Clinical Psychology
   Alzahra University, Tehran, Iran
   Thesis Title: The Effectiveness of the Coaching Process to Improve Job Satisfaction and Organizational Commitment
   Supervisor: Dr. Farideh Ameri
- Sep.2008–Sep.2014 Bachelor of Physics K. N. Toosi University of Technology, Tehran, Iran

#### PUBLICATIONS

- Jamaloo, Samira., Alaghband-rad, Javad., and Motamed, Mahtab. Adult Autism Spectrum Disorder: Introducing the Specialized Clinic in Roozbeh Hospital. *Iranian Journal of Psychiatry and Clinical Psychology*. (Under Review)
- Alaghband-rad, Javad., Jamaloo, Samira., and Motamed, Mahtab. Roozbeh Adult Autism Spectrum Disorder Clinic: Lessons Learned from First 34 Cases. International Journal of Developmental Disabilities. (2020). https://doi.org/10.1080/20473869.2020.1855691
- Jamaloo, Zahra., Jamaloo, Samira., and Bashiri, Fatemeh. Early Maladaptive Schemas in Patients with Bipolar Disorder Type 1 Compared to Healthy Individuals. (2017). *International conference of psychology, counseling, education and training*. Mashhad, Iran <u>civilica.com</u> (Corresponding Author)
- Artounian, Valentine., Jamaloo, Samira., and Alaghband-rad, Javad. Prevalence of Adult ADHD in Adult Patients with a History of Substance Abuse and Comparing Their Clinical Pathology and Temperament Characteristics with Other Substance Abusers in Roozbeh Hospital and The National Center for Addiction Studies. *Journal of Attention Disorders*.

### (To be submitted)

 Jamaloo, Samira., Alaghband-rad, Javad., and Artounian, Valentine. Effectiveness of Coaching Intervention on Improving Life Skills, Symptoms of Hyperactivity and Attention Deficit in Adults with ADHD.
 (In preparation)

 Jamaloo, Samira., Ameri, Farideh., Dehshiri, Gholamreza. Effectiveness of Coaching process on organizational commitment and job satisfaction in employees.
 (In preparation)

#### **RESEARCH PLANS**

 Shirazi, Elham., Alaghband-rad, Javad., Motamed, Mahtab., Jamaloo, Samira, et.al. localization of the Program for the Education and Enrichment of Relational Skills (PEERS) for Adults with Autism Spectrum Disorder and Investigating the Effect of PEERS on Their Social Functions: A Randomized Control Trial. Iran University of Medical Sciences

(In Progress)

 Alaghband-rad, Javad., Motamed, Mahtab., Jamaloo, Samira, et.al. Evaluation of Knowledge, Attitude, and Practices of Mental Health Professionals about Adult Autism Spectrum Disorders. (2021). Tehran University of Medical Sciences.

(In Progress)

 Artounian, Valentine., Jamaloo, Samira., et.al. Preventive Intervention in Grief of COVID-19 Patients` Family. Tehran University of Medical Sciences.
 (Granted plan)

 Alaghband-rad, Javad., Chohedri, Elnaz., Jamaloo, Samira., et. al. Evaluation of the Effect of Cannabidiol to Treat Children with Autism Spectrum Disorder - a Controlled Randomized Clinical Trial. Tehran University of Medical Sciences.

(In Progress)

 Alaghband-rad, Javad., Mohammadzadeh, Azar., Jamaloo, Samira., et. al. Evaluation of Neuropsychological profile in Adult Aatients with Autism Spectrum Disorder in Roozbeh hospital in 1400. Tehran University of Medical Sciences.

(In Progress)

#### WORK EXPERIENCE

• May 2017– Current	Psychologist RAD Psychiatric Subspecialty Clinic, Tehran, Iran Diagnostic assessment, Psychotherapy
• 2018– 2022	Psychologist Roozbeh Psychiatric Hospital, Tehran, Iran Diagnostic assessment, Psychotherapy, Research, Training
• 2014–2018	Academic Counselor Mobtakeran Educational Cultural Publishing Company, Tehran, Iran 2 Counseling, educational content production

#### **ACADEMIC EXPERIENCE**

• Since 2019	Instructor and executive director in ADHD coaching introductory courses (for
	psychologists and psychiatrists)
	Iranian Association of ADHD
• SepDec. 2021	Instructor and executive director in ADHD supervision coaching courses (for psychologists and psychiatrists)

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### Iranian Association of ADHD

• June 2019	Instructor the Hyperactivity, from Childhood to Adulthood training workshop
	Iranian Association of ADHD & Roozbeh Psychiatry Hospital (Affiliated with
	Tehran University of Medical Sciences)

## CONGRESS

• September 2021	A lecture held at a webinar on Adults Autism Spectrum Disorder (ASD), Tehran University of Medical Sciences, Psychiatry Department, Tehran, Iran
November 2020	A lecture held at a webinar on Adults Autism Spectrum Disorder (ASD): A Range of Differential Symptoms and Diagnoses, Tehran University of Medical Sciences, Psychiatry Department
• June 2019	Execution committee member of "ADHD, from childhood to adulthood" Seminar Iranian Association of ADHD & Roozbeh Psychiatry Hospital
• December 2019	Two lectures held at Treatment for ADHD: Coaching, Introductory Course, Iranian Association of ADHD & Roozbeh Psychiatry Hospital, Tehran, Iran
• December 2017	A paper presented at International Conference of Psychology, Counseling, and Education Shandiz Institute of Higher Education, Mashhad, Iran
• August 2017	A presentation held at the "ADHD Across the Lifespan" Seminar for psychiatrists Iranian Association of ADHD

## WORKSHOPS

• 21-23 September.2022 Completed a 24-hour webinar on "PEERS for Young Adults Certified Teleconference"		
(Evidence-Based Social Skill Training for Young Adults With ASD, ADHD, and Other Social		
Challenges), held by Semel Institute at The University of California, Los Angeles		
• August-Sept.2022 Completed a 34-hour online course on "SPSS Masterclass: Learn SPSS from Scratch to		
Advanced", instructed by Dr. Sanjay Singh at Udemy		
• July—August.2021 Passed a workshop on Problem-solving Skill Course held by Baztab Educational Group		
(Tehran University of Medical Sciences) (E-learning)		
• Jul.2016– Jul.2017 Passed "Professional Coach Training (Level 1)", Farsi Coaching Academy (FCA) (Online)		
verified by International Coach Federation (ICF)		

### MEMBERSHIPS

- Since 2017 Member of Iranian Association of ADHD, Active as an Executive Assistant, Inspector, Tehran, Iran
- Sep.2017– Sep.2018 Member of American Psychological Association (APA), Massachusetts, United States

### LANGUAGE PROFICIENCY

- First language Persian (Farsi)
- Also speaks English (Advanced), Azerbaijani [Turkish] (Advanced), Arabic (Basic)

#### SKILLS • Software Skills ✓ SPSS $\checkmark$ EndNote C++ (Basic) $\checkmark$ ✓ MS: Excel, Word, PowerPoint $\checkmark$ Mendeley Python (Basic) $\checkmark$ • Assessment scales ✓ Stanford-Binet (SB-5) $\checkmark$ DIVA-5 $\checkmark$ CAARS **BDEFS for Adults** ✓ WISC-IV AQ $\checkmark$ $\checkmark$ ✓ SCID-5 PD ✓ Holland Code (RIASEC) ✓ RAADS-R

#### HONORS

• 2015 & 2022 Climbing Damavand Peak, The Highest Peak in Iran (Equivalent to Winning the Third Place in The National Championship)

• 2014 Ranked Among 3.7 Percent of Participants in The Master's University Entrance Exam