

# Najmeh Khosrovan Mehr

## Clinical Psychologist

A clinical psychology expert with 12 years of experience in general and private clinics and in a children psychiatry hospital. Bringing excellent interpersonal skills with a firm knowledge in child and adolescents psychotherapy.



 nkhosrovan@yahoo.com



09127772712



School of behavioral sciences and mental health,



linkedin.com/in/najmeh-khosrovanmehr-

## WORK EXPERIENCE

### clinical psychologist

#### Rad Rehabilitation Clinic

2014 - Present

Tehran

- child and adolescent psychotherapy
- diagnosing and identifying psychological disorders
- psychoeducation for patients and families
- educating parenting skills to parents of children with ADHD and Autism Spectrum Disorder.

### clinical psychologist

#### Imam Hossein Hospital

2010 - 2015

Tehran

- group session facilitator
- cognitive-behavioral therapist (individual) testing and evaluating mental health status
- Teaching life skills to children and adolescents with mental disorders

## LANGUAGES

Persian



English



## EDUCATION

### Phd Candidate in clinical psychology

#### Iran University of Medical Sciences

2018 - Present

Tehran

### MA in Psychology

#### Alzahra University

2006 - 2009

Tehran

### BA in clinical Psychology

#### Alzahra University

2002 - 2006

Tehran

## SKILLS

Microsoft Office



Internet



## COURSES

**Cognitive-behavioral therapies in child and adolescent psychiatry** Child and Adolescents Psychiatry Association

**Family education in child and adolescent psychiatric interventions**

Child and Adolescents Psychiatry Association

## **Group dynamics, group counseling and the human system**

United Nations Office on Drugs and Crime ( UNODC) office in Iran

## **Adolescent counseling (introductory and advanced level)**

Child and Adolescents Psychiatry Association

## **General Crisis Intervention and Suicide Crisis Intervention**

Rahaei Psychological Clinic

## **Clinical interviews and cognitive behavior therapy**

Rahaei Psychological Clinic

## **PEERS® for Young Adults Certified Teleconference**

Semel Institute for Neuroscience and Human Behavior

## **RESEARCHES**

### **Pilot Implementation of the Code of Conduct for Children and Adolescents in Child Psychiatric Department of Imam Hossein Hospital**

2014 - 2014

*Iranian Journal of Psychiatry and Clinical Psychology, Vol. 20, No. 1, Spring 2014, 50- 62*

### **Evaluation of the Effects of Positive Parenting Program on Symptoms of Preschool Children With Attention Deficit Hyperactivity Disorder**

2019 *Practice in Clinical Psychology. 2019; 7 (1) :11-20*

### **Comparison of Stimdate with Ritalin in Children and- Adolescents with Attention Deficit Hyperactivity Disorder: A Double-Blind, Randomized Clinical Trial**

2008

*Iran J Psychiatry 2008; 4:31-35*

### **Evaluation of Some Psychological Factors in Psoriatic Patients**

2015

*Iran J Psychiatry 2015; 10:1:37-42*

**Prevalence of body dysmorphic disorder in patients referred to Razi hospital cosmetic clinic with complaints of cosmetic disorders**

2013

*Tehran University Medical Journal, June 2013; Vol. 71, No. 3:  
164-170*