

## **Mahtab Motamed**

Assistant Professor of Psychiatry (2018- present)

Institute: Department of Psychiatry, Roozbeh Hospital ,Tehran University of medical sciences

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Date of birth: April 28, 1988

Marital status: single

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### **Education**

2002- 2006 High school, Tehran, Iran

2006-2014 M.D. Tehran University of Medical Sciences

2014- 2018 Residency of psychiatry, department of psychiatry. Tehran University of medical sciences

2019- 2022 e-learning in Medical education (MSc)

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### **Honors and Awards**

Bronze Medal in national students scientific Olympiads of chemistry – 2005

First place in national exam of non-medical sciences of Azad Islamic university- 2006

8<sup>th</sup> place in national exam of basic sciences in medical sciences – 2009

Member of National Elites Foundation

Winner of Second Young Psychiatrists Davidian Awards- 2017

Top Graduate Award of Alumni Office of Tehran University of Medical Sciences -2018

First place in 65<sup>th</sup> national board exam of psychiatry -2018

Awarded student in e-learning in Medical education (MSc) - 2021

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### **Work experiences**

Teaching Assistant for psychiatry course- department of psychiatry, Tehran university of Medical Sciences 2014-2018

Collaborating with Médecins Sans Frontières/*Doctors without Borders* (MSF) as psychiatrist from 2016

Collaborating with Imam Ali Society Charity as psychiatrist from 2017

Editorial board of Iranian Psychiatrists Association newsletter 2016-2018

Member of Iran Attention Deficit Hyperactivity Disorder Association from 2017

Member of Executive Committee of “Youth in Psychiatry: Opportunities and Challenges” – Annual Congress of Iranian Child and Adolescence Psychiatry in 2018

Member of Executive Committee of 3<sup>rd</sup> Iranian Congress of Psychoanalysis and Dynamic Psychotherapy 2019

Member of Scientific Committee of 36<sup>th</sup> Annual Congress of Iranian Psychiatric Association 2019

Member of Scientific Committee of 37<sup>th</sup> Annual Congress of Iranian Psychiatric Association 2020

Co-founding and Running Roozbeh Adult Developmental Disorders Clinic (the only adult developmental clinic in Iran) from 2019

Roozbeh Hospital Psychiatry Residency Program Manager from 2020

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### **Research experiences and publications:**

#### **Research Interests:**

Adult developmental Disorders

Adult Autism

Adult ADHD

Transitional Age Youth Mental Health

Telepsychiatry

#### **M.D. Thesis:**

Evaluation of level of OxLDL/LDL and OxLDL/HDL in patients with Diabetes Mellitus admitting in Imam Khomeini outpatient clinic compared to healthy group.

### **Residency Thesis:**

Comparative Study of Decision Making in Immediate, Conscious and Unconscious Conditions in Individuals with Obsessive Compulsive Disorder and Healthy Group

### **Top research grants:**

Prevalence of autoimmune encephalitis in first episode psychosis, National Institute of medical research development, 2019, co-investigator, grant number: 983646

### **Articles:**

**Motamed, M.**, Nargesi, A. A., Heidari, B., Mirmiranpour, H., Esteghamati, A., & Nakhjavani, M. (2016). Oxidized Low-Density Lipoprotein (ox-LDL) to LDL Ratio (ox-LDL/LDL) and ox-LDL to High-Density Lipoprotein Ratio (ox-LDL/HDL). *Clinical laboratory*, 62(9), 1609-1617.

Shirazi, E., Sayyahfar, S., **Motamed, M.**, & Alaghband-rad, J. (2018). A Case of Congenital Insensitivity to Pain With Anhidrosis Comorbid With Attention Deficit Hyperactivity Disorder: Clinical Implications for Pathophysiology and Treatment. *The Journal of nervous and mental disease*, 206(4), 296-299.

**Motamed, M.**, Yahyavi, S. T., Sharifi, V., Alaghband-Rad, J., & Aghajannashtaei, F. (2019). Emergency psychiatric services in Roozbeh Hospital: A qualitative study of the staff's experiences. *Perspectives in psychiatric care*.

Novin K, Hassanlouei B, **Motamed M**, Faraji S, Najafi M, Fadavi P, Sanei M, Ghanbari Jolfaei A, Garousi M. Psychological Status during COVID-19 Pandemic on the Patients with Cancer. *Middle East Journal of Cancer*. 2021 Apr 21.

Noroozian, M., Sharifi, V., Alaghband-Rad, J., & **Motamed, M.**\* (2020). Distinct Aspects of Decision Making in Obsessive-Compulsive Disorder: Application of Unconscious Thought Theory. *The Journal of nervous and mental disease*, 208(9), 671-676.

Alaghband-rad, J., Jamaloo, S., & **Motamed, M.**\* (2020). Roozbeh adult autism spectrum disorder clinic: lessons learned from first 34 cases. *International Journal of Developmental Disabilities*, 1-7.

Allameh, F., **Motamed, M.**, Poursy, M., Tayyebiazar, A., Ghiasy, S., Fallah-Karkan, M., ... & Hojjati, S. A. (2021). Relationship between Obsessive-compulsive Disorder and Overactive Bladder Syndrome. *Iranian Journal of Psychiatry and Behavioral Sciences*, 15(1).

Alaghband-rad, J., **Motamed, M.**, Khazaeipour, Z., & Farhadbeigi, P. Pattern of Compliance and Efficacy of Rtms Protocol for Treating Major Depressive Disorder (MDD) Among Treatment Participants and Completers: A Report From Iran. *Basic and Clinical Neuroscience*, 0-0.

Alaghband-Rad J, Mirsepassi Z, Seddigh A, Barzkar F, Bavandabbasabadi A, Arshiani H, Amiri Moghaddam Z, **Motamed M\***. Looking for Autoimmune Psychosis: A Preliminary Report from Iran. Iranian Journal of Psychiatry and Behavioral Sciences. 2021 Dec 31;15(4).

**Motamed M**, Sharifi V, Yahyavi S, Mirsepassi Z. Telepsychiatry during the COVID-19 pandemic: An experience in a low resource setting. Asian Journal of Psychiatry. 2022 Mar;69:103000.

Mohammadian F, Rezaee M, Kalantar A, Mohebbi N, **Motamed M.\*** Relationship Between Psychological Impacts of COVID-19 and Loneliness in Patients With Dementia: A Cross-Sectional Study From Iran. Front. Psychiatry. 2022 Apr 6;13:814676.

Arshiani H, Artounian V, **Motamed M**, Alaghband-Rad J. Psychometric Properties of the Persian Version of Brown Attention Deficit Disorder Scale (BADDSD). Iranian Journal of Psychiatry and Behavioral Sciences. 2022 Dec 31(In Press).

### **Ongoing Projects:**

Evaluation of knowledge, attitude and practices of mental health professionals about **adult autism** spectrum disorders, 2020-

Investigating the relationship between **Autism Spectrum Disorder** Characteristics and Attention Deficit Hyperactivity Disorder among Medical Students of Tehran University of Medical Sciences 2019-

Evaluation of neuropsychological profile in adult patients with **autism spectrum disorder** in Roozbeh hospital in 2020-

Comparison of the effectiveness of oxytocin nasal spray with placebo on symptoms and treatment of **adults with autism**: a randomized clinical trial 2020-

Evaluation of the efficacy of treatment with lysdexamphetamine (Vias®) in comparison with extended release methylphenidate (Sandoz) on improving the quality of life and executive function of adults with **attention deficit hyperactivity disorder**: an open-label randomized clinical trial 2022-

Investigating **Autism Spectrum Disorder**, Obsessive-Compulsive Disorder, Attention Deficit Hyperactivity Disorder and Covid 19 infection in Medical Students of Tehran University of Medical Sciences 2022-

Studying knowledge, attitude, and practice (KAP survey) of the use of **legal stimulant** medicines among medical, pharmacy, and dentistry students of Tehran University of Medical Sciences 2022-

Educational need assessment of patients with **adult ADHD**; A qualitative study 2022-

Evaluation of social camouflaging in patients with **Autism Spectrum Disorder** admitted to Roozbeh Adult Developmental Clinic and Control group with CAT-Q (camouflaging Autistic Traits Questionnaire) in 2022

Prevalence of **Autistic Features** and Characteristics of Attention Deficit Hyperactivity Disorder in Dementia Patients referred to Roozbeh Hospital Memory Clinic in 1399 to 1400

Cultural Adaptation of the Program for the Education and Enrichment of Relational Skills (PEERS) for adults with **Autism Spectrum Disorder** and Investigating the effect of PEERS on Their Social Functions A Randomized Control Trial.

Designing discharge-planning telepsychiatry services for patients admitted to Roozbeh hospital aged 16 to 25 years 2020-

The correlation between social media profiles like Instagram and whatsapp and the measured severity of depression and anxiety via beck questionnaire 2021-

Evaluation of Gamification in Learning and Satisfaction of Medical Students in Psychiatry Rotation 2019-

Study of Patterns of Mental Health Service Utilization and Clinical and Demographic Features for Transition-Age Youth in Inpatient adult wards of Roozbeh Hospital in 1398

A study of prevalence of Autoimmune Encephalitis in First Episode Psychosis (NIMAD grant)-2019

### **Experience in peer review:**

- Handling editor in basic and clinical neuroscience journal 2020- present
- Associate editor in Iranian Journal of Psychiatry and Behavioral Sciences 2021-present
- Invited reviewer in Journal of Autism and Developmental Disorders, Frontiers, Journal of Mental and Nervous Disorders and Journal of Iranian Medical Council

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### **Presentations:**

“Mental health in Iran” symposium presented in 6th Young Psychiatrists Network Meeting, Prague – 2017

"Vulnerable Children: a work experience" oral presentation in 34th Annual Congress of Iranian Psychiatric Association - 2017

“Transitional Age Youth” oral presentation (panel) in 36th Annual Congress of Iranian Psychiatric Association – 2019

“Adult Autism” oral presentation (workshop) in 36th Annual Congress of Iranian Psychiatric Association – 2019

“Neuroscience of Autism And ADHD” oral presentation Basic and Clinical Neuroscience Congress-2020

“Adult Autism: presentations and differential diagnosis” CME for psychiatrists-2020

“Telepsychiatry” CME for psychiatrists-2020

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**Language skills:**

English (Fluent)

Deutch (B1)

Arabic (Fair)

Persian (Native)

**Computer skills:**

ICDL, Adobe Photoshop, SPSS

**Other Skills:**

Photography- conducted a fundraising photo exhibition in Roozbeh Hospital in 2017