

# Curriculum Vitae

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## *Summary:*

*I work as a Child and Adolescent Psychiatrist and am specialist in psychiatric interviewing, diagnosis and mental disorders management. I have a strong work ethic and am passionate about mental health care. I served in hospitals and clinics also I have been working in Tehran University's Child and Adolescent Department. I have facilitated scientific events as you may find in the below parts. I am an active member of the Iranian Academy of Child and Adolescent Psychiatry and I have published articles and books as well. My major interests are neurodevelopmental disorders and neuroscience.*

## **PROFESSIONAL EXPERIENCE**

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### **Tehran University of Medical Sciences**

#### **Roozbeh Hospital**

**Iran, Tehran / April 2021 – Present**

#### **Child and Adolescent Psychiatrist**

- Supervise Psychiatry residents in child and adolescent psychiatry clinics
- Supervise child and adolescent psychiatry fellowships in child and adolescent psychiatry clinics
- Supervise PMT workshops in Day Center
- Supervise anxiety workshop for children in Day Center
- Attend meetings and discuss project details with psychologists and psychiatrists
- Visit children with psychiatric disorders and their parents in clinic
- Work as a forensic children's psychiatrist
- Work as a researcher in the Cognitive and Behavioral Sciences Research Center
- Children's Rehabilitation manager of Day center
- Holding workshop on BMD psychoeducation for parents
- Holding workshop on cognitive and behavioral interventions in habitual behaviors for psychiatry residents and child and adolescent psychiatry fellowships
- Holding workshop on cognitive and behavioral interventions in Tic disorders for psychiatry residents and child and adolescent psychiatry fellowships
- Executive Secretary of the 11<sup>th</sup> National congress of child and adolescent psychiatry

### **Kerman University of Medical Sciences**

#### **Vali-Asr Hospital**

**Iran, Kerman / November 2015 – September 2018**

### ***General Psychiatrist***

- Visit outpatients in the hospital clinics
- Visit and consult inpatients in the general hospital
- Cognitive and behavioral therapy in the wards and the clinics
- Holding mental health workshops for hospitals staff
- Holding mental health workshops for high school students

### **EDUCATIONS**

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<b>1999-2002</b>	High School, Yazd, Iran
<b>2003-2011</b>	MD, Ali ben Abi Taleb medical school, Yazd, Iran
<b>2011-2015</b>	Psychiatry resident, University of Social Welfare and Rehabilitation Sciences
<b>2015</b>	Diploma Of Psychiatry
<b>2018-2020</b>	Child and Adolescent Psychiatry resident, Tehran University of Medical Sciences
<b>2020</b>	Diploma of Child and Adolescent Psychiatry

### **RESEARCH EXPERIENCE**

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<b>2016-2017</b>	Burn-out evaluation for Shahr e Babak's nurses
<b>2019-2021</b>	The concurrent and discrimination validity of the Farsi translation of the SRS-2 and SCQ
<b>2019-2022</b>	Evaluation of validity and reliability of the short version of Conners-3 in a clinical sample of Iranian children aged between 6-12 years
<b>2019-2022</b>	Evaluation of validity and reliability of KSADS-5-PL
<b>2020-Present</b>	Preventive/supportive interventions in the bereavement/empowerment of the families of patients with Covid-19

- 2021-present** localization of the Program for the Education and Enrichment of Relational Skills (PEERS) for adults with the autism spectrum disorders and investigating the effect of PEERS on their social function: A randomized control trial
- 2022-present** Examining the efficacy of the Program for the Education and Enrichment of Relational Skills (PEERS) in improving the social functioning of adolescents with an autism spectrum disorder in Iran

## **PUBLICATIONS**

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Nough H, Jorat M V, & Tavakolian N. (2012) The value of ST-segment elevation in lead aVR for predicting left main coronary artery lesion in patients suspected of acute coronary syndrome. *Rom J Intern Med.* 50(2):159-64.

Tavakolian N, Ali Nazeri Astaneh. (2016) Comparative Study Metacognitive Therapy versus Clomipramine and Combined Therapy in the improvement of OCD and Anxiety symptoms in patients with OCD: a Randomized clinical trial. *WJRP.* 7(5), 104-116.

Tavakolian N. (2018) Stick (Practical strategies to deal with obstinacy), *Sokhanvaran*, Tehran, Iran.

Abna Z, Tavakolian N. (2018) Adams and Victor's Principles of Neurology, 48-52, *Artin Teb*, Tehran, Iran.

Tavakolian N. (2022) Bipolar Disorder in Children and Adolescents (Tips for parents), *Mirdashti*, Tehran, Iran.

## **PRESENTATIONS**

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- 2018** Mental Health. SAMA congress in Kerman, Iran
- 2022** Externalizing behavior in children and adolescents. Psychological interventions for adolescents infected with or affected by HIV/AIDS. A collaboration between UNICEF and the Ministry of Health and Medical Education.
- 2022** Drug interaction in children. 11<sup>th</sup> National congress of child and adolescent psychiatry
- 2022** Workshop for teachers of the parenting program. A collaboration between UNICEF, IACAP and the Exceptional Education organization

**WORKSHOPS**

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September 2011	Research Methodology	Tabriz university
April-July 2016	CBT (Adult)	Dr. Hasan Hamidpour
October 2017	ADHD PMT	Dr. Dodangi
March 2018	ADHD management	Dr. Alaghbandrad
May 2018	Basic EEG	Dr. Javadzadeh
Sep-May 2018	CBT (Child and Adolescent)	IACAP
September 2022	PEERS for young adults	UCLA
September 2022	How to review a paper	Dr. Akhond zadeh

**SKILLS**

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- Computer skills: Microsoft Series
- Adapt new concepts quickly while working under pressure
- Assist in holding workshops and congress
- English Level: Upper-Intermediate

**REFERENCES**

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Prof. Mehdi Tehrani-doost	Faculty member of TUMS	tehranid@tuma.ac.ir	+98-9121019980
Prof. Mohammadreza Khodaie	Faculty member of USWR	Kh.ardakani@uswr.ac.ir	+98-9123232792
Prof. Javad Alaghbandrad	Faculty member of TUMS	jalaghbandrad@gmail.com	+98-9128000036